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<http://www.gscs.ca/studentsandfamilies/schools/fam>
Principal: Mrs. L. McGettigan
Vice Principal: Mrs. E. Jones
Superintendent: Mrs. T. Fradette
Trustee Liaison: D. Berscheid/R. Boechler

WEDNESDAY, JANUARY 12, 2022

Greetings from your Administrative Team...

Happy new year and welcome back to all of our students and families! As we begin this new year, we are excited about some upcoming opportunities for our students that help us to answer the calls to action towards Truth and Reconciliation. Our school will be working with Indigenous artist, Kevin Peece, to create a mural supporting the Reconciliation process. There will be more information in the coming weeks as students prepare for this by learning more about the artist and his works.

We appreciate your continued support and flexibility as we navigate the changing plans and protocols. As always, the students have been amazing, and we are blessed to have such an incredible school community.

L. McGettigan Principal
E. Jones Vice Principal

Dates to Remember...

- Jan. 14**
Professional Learning Day – No School for Students
- Jan. 19**
Gr. 8 Schmidt–skating at ACT Arena- AM
- Jan. 21**
~~Healthy Hunger Fun Lunch—Wendel Clarks~~—CANCELLED
- Jan. 24**
Professional Learning Day – No School for Students
- Jan. 28**
Neon Day – Spirit Day
~~Healthy Hunger Fun Lunch—Booster Juice~~—CANCELLED

Track is cancelled until further notice.



News from the Office

Track Practice

Track is now put on hold. Due to the higher number of COVID cases, all extra curricular will be cancelled until further notice.

Safety at our crosswalks

This is just a reminder to be safe when crossing our streets at the crosswalks. Please don't ever assume that a car will stop. Make sure that cars come to a complete stop before crossing the streets. We do not want any of our students hurt. Please talk this over with your child(ren) and remind them of this very important safety concern.

Parking Out Front

As the weather is getting colder, parking can and will be a problem out front. Please remember to not get out of your vehicle, as these are drop off and pick up spots only. Traffic jams are very common around 3:30 as well – to help avoid this – you could tell your kids to meet you at the Willowgrove square area or arrive 10 -15 minutes later to help avoid the line ups. There is no great solution to this parking issue, so please try your best to help us with it. Also, **do not park in the Daycare spots** – these are courtesy spots meant for parents with young children and babies who are taking their kids to and from the daycare.

School Arrival

Students should not be at school prior to 8:45 in the morning. Exterior doors will remain locked until 8:45AM. If students need to arrive early, we have a Before and After School Program available through Preston Early Learning. In addition, students are asked to proceed directly into the school when they arrive since there is no supervision on the playground prior to 9AM.

If your child/children arrive late, the door they normally enter in will be locked, so please have them enter through the front door and *let the office know they have arrived.*

Attendance and Edsby

Please remember to use Edsby to report all absences and planned absences. If you still have not received an invitation to Edsby, please let the school know. Once you have accepted, you will also see all of our newsletters, calendar of upcoming events and any other important information. We will slowly be phasing out Safe Arrival, so please make sure you have an account through Edsby. If you need any assistance, please contact the school office at 306-659-7850 and we can help you.

Kindergarten Registration

We are always accepting registrations for our upcoming school year for kindergarten. Children who will be 5 years old by January 31, 2023 are eligible to start school next fall. We are hoping to have a parent information night sometime in March. Please keep your eyes open for further details. Our fillable registration form is found on our website at: www.gscs.ca/fam If you are not Catholic, please fill in the Non-Declaration Form as well. We look forward to meeting all our new students.



Healthy Hunger Fun Lunches

Here is a list of our upcoming Healthy Hunger Fun Lunches; **These have all been cancelled for the next while due to COVID restrictions placed in schools.** Sorry for any inconveniences. Refunds will be processed ASAP.

Friday, Jan. 21 — Wendel Clarks CANCELLED
Friday, Jan. 28 — Booster Juice CANCELLED
Friday, Feb. 18 — Baba's Perogies CANCELLED



Instructions are now posted on our Edsby "River of News". If you are having any issues, please follow the directions on that form or contact their 1-800 number. All proceeds help pay for many student initiatives as well as special school events and projects. This is optional.

First View App

First Student is now offering a secure bus tracking and parent communication app. FirstView helps you better manage your time during the hectic before-and-after school rush by putting your student's up-to-the-minute bus information in your hands. Easy to download, set up and use, FirstView is packed with helpful features to give you peace of mind, including estimated bus arrival time, opt-in messaging regarding delays and issues, customizable alerts for when the bus is a chosen distance or number of minutes away, secure password protection and built-in customer support. To download the APP, please go to firstviewapp.com. Our school code is **RG7D**. If you have any issues, please contact their customer support.



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

The Diocesan Bulletin can be found at: <http://rcdos.ca>
Subscribe to have their weekly news right in your inbox.

"Come Spend Time with Family"
Sunday Mass Times

123 Nelson Road
Office Hours: 9AM – 4:30PM Monday thru Friday
Phone: 306-659-5800
www.holyfamilycathedral.ca



THIS SCHOOL IS A



**NUT
FREE
ZONE!**



Community News

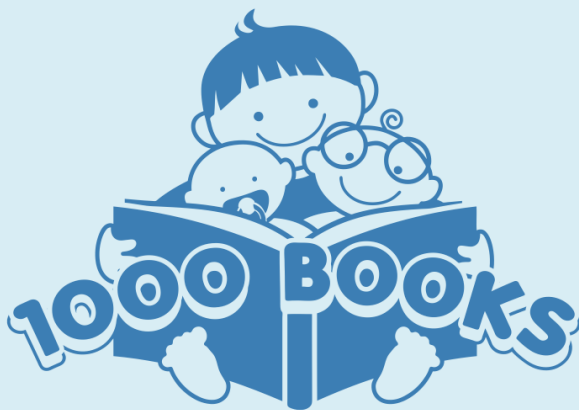


We need your help! If you've ever thought about getting involved in your community, now is the time! We have the following volunteer positions to fill in order to keep our community association running:

- secretary
- coordinators for: Adult Programs, Children's Programs, Rink, Advertising, Events, Newsletter, Bookings, Website

For more information of what these positions entail, please see the 'About Us' section at wuhca.ca or email info@wuhca.ca

THANK YOU!



Before Kindergarten

Help prepare your child for school and commit to reading 1,000 books with them before Kindergarten! Once you register, you and your child will earn badges and literacy tips for reaching various milestones.

For more information and to register, visit saskatoonlibrary.ca/1000-books-b4k



Name and logo are used with permission from the 1000 Books Foundation.



Preschool Tuition Subsidies

Would you like your child to attend preschool?

The Saskatoon Preschool Foundation provides tuition subsidies (maximum of \$800/year) for children age 3 and 4 living in Saskatoon and the surrounding area whose families lack the resources to pay community preschool tuition fees. There are many benefits for children who attend preschool. These can be seen in the first months of preschool, in kindergarten, and in later life (e.g., increased Grade 12 graduation rates).

For more information re: preschool locations & applications, please:

- Google search "Saskatoon Preschool Foundation" or visit our website www.spf.sk.ca ; click "Subsidies," or
- Call 306-250-0533.

Mission

To advocate for and support access to preschool programs.

Guiding Principles

To act in the best interests of children, to support families & to respect the values/cultures of families.

Parent Program Guide Winter 2022

Building Healthy Families: Post Adoption Support for Parents

Building Healthy Families is a therapeutic and educational group for parents who have completed an adoption in partnership with the Adoption Support Centre of Saskatchewan. Participants can share with and learn from other participants who are facing similar experiences, issues, and concerns. In this group, we offer a weekly check-in, parenting education, goal setting, and weekly homework.

Dates:
Thursdays from 6:30 pm – 8:00 pm, Biweekly

Location: Virtual (Zoom)

Bridging the Gap: For Parents of Challenging Teens

Has your teen been talking back to you? Sneaking out? Drinking? Engaging in dangerous or risky behaviour? Parenting teenagers can be a difficult task, but gaining new strategies and talking with parents in similar situations can make it easier. *Bridging the Gap* is a group for parents of challenging teens. In this group, you will be able to talk about your issues and receive ideas, support, feedback, and personalized homework on how to support your teen. Some of the topics covered include how to establish healthy boundaries, confront problems, and rebuild the relationship with your teen.

Dates:
January 10th to March 28th, 2022
Mondays from 7:00 pm – 9:00 pm

Location: Saskatoon Community Service Village

Dads Matter

Dads Matter is a program for fathers who are looking for additional support and guidance in their parenting. The program is designed to strengthen fathers' understanding of themselves, their children, and their children's mothers, and to provide a space to connect with other fathers on their parenting journey. By the end of the program, fathers will have gained new understanding, skills, and supportive relationships that will serve them in reaching their parenting goals.

Some of the topics covered in the *Dads Matter* program include:

- Attachment and bonding
- Positive discipline
- The power of play
- Managing stress and anger
- Navigating co-parenting
- ...and much more.

Dates:
January 10th to March 21st, 2022
Mondays from 7:00 pm – 9:00 pm

Location: Saskatoon Community Service Village

Parenting with Resilience

Parenting with Resilience is a weekly support group offered to parents who have had their children apprehended, or are at risk for apprehension. The group helps parents find their strengths, empowering them to tackle tough issues and achieve the goal of getting and keeping their children in their care.

- Topics include:
- Positive parenting
 - Attachment and bonding
 - Healthy relationships
 - Setting limits and boundaries
 - Self-care
 - Stress management

Dates:
January 11th to March 22nd, 2022
Tuesdays from 10:00 am – 12:00 pm

Location: Saskatoon Community Service Village

To Register
Visit www.cfsaskatoon.sk.ca
or call (306) 244-7773 for complete details

Parenting with Resilience – Men's Group

Parenting with Resilience is a weekly support group offered to parents who have had their children apprehended, or are at risk for apprehension. This group is specifically open to men, focusing on the unique challenges of fathering. The group helps fathers find their strengths, empowering them to tackle tough issues and achieve the goal of getting and keeping their children in their care.

- Topics include:
- Positive parenting
 - Attachment and bonding
 - Healthy relationships
 - Setting limits and boundaries
 - Self-care
 - Stress management

Dates:
January 20th to March 17th, 2022
Thursdays from 10:00 am – 12:00 pm

Location: Saskatoon Community Service Village

Navigating Parenting

Navigating Parenting is a group that uses art to explore parental anger, trauma, parenting strategies, self-care, visitation, and more. It focuses on rebuilding and strengthening relationships between parents and children during and after being separated.

Dates:
January 10th to March 28th, 2022
Mondays from 1:00 pm – 2:30 pm

Location: Saskatoon Community Service Village

Navigating Parenting – Elizabeth Fry Society

Navigating Parenting is a group designed for women who have had their children apprehended, or are at risk of apprehension. This group uses art to explore parental anger, trauma, parenting strategies, self-care, visitation, and more. It focuses on rebuilding and strengthening relationships between parents and children during and after being separated.

Dates:
January 6th to March 24th, 2022
Thursdays from 1:00 pm – 2:30 pm

Location: Elizabeth Fry Society (please call 1.888.934.4606 to register)

New Moms and Baby Meetup

New Moms and Baby Meetup is a social and emotional support group for new moms and their babies. It provides a space for new parents to talk about their concerns and be provided with support and parenting education. This group also includes interactive sensory and attachment bonding activities with mom and baby.

Dates:
January 19th to March 30th, 2022
Wednesdays from 10:30 am – 12:00pm

Location: Saskatoon Community Service Village

Positive Parenting – Level 2

Are your children and teens not cooperating with you? Would you like to get some new ideas? Would you like to meet other parents that are new to Canada? *Positive Parenting – Level 2* is a group for parents at Global Gathering Place to come together and discuss their parenting issues and receive support. Each week, a different parenting topic will be covered.

Dates:
January 11th to March 28th, 2022
Tuesdays from 10:00 am – 11:30 am

Location: Virtual (Zoom)

To Register
Visit www.cfsaskatoon.sk.ca
or call (306) 244-7773 for complete details



Learn & Soar

For kids ages 3 to 5 and their caregivers

Join us for activities, rhymes, storytelling, and a parent session.
A take-home book is provided. No cost to participants.

Date: Tuesdays, January 25th -
March 15th, 2022

Time: 1:00 - 2:00 pm

Location: Online via Zoom



To find out more about upcoming workshops or to register, please call READ Saskatoon at (306) 652-5448 or visit READsaskatoon.com.



Learn together.
Grow together.