

Code H: Curriculum and Instruction

HAA

Elementary School Recess Breaks

Statement of Policy

All elementary schools shall schedule two – fifteen minute recess breaks (one in the morning and one in the afternoon) and a minimum of one 45 minute lunch recess outside of mandated instructional time.

Rationale

Greater Saskatoon Catholic Schools believes that recess plays an important role in the learning, social development and health of elementary school children.

Authority

➤ The Education Act, 1995, The Education Regulations, 2015, Reg 24 s27 (2)

Procedures/Guidelines

- 1. The times for the recess breaks shall be determined in consultation with the school community and staff feedback.
- 2. During the winter season, the principal (or designate) shall use -27° C (including wind chill) as a guideline temperature for which to announce an indoor recess for students.
- 3. In the event of severe weather, the principal (or designate) may determine the necessity for an indoor recess.

Date Approved

June 28, 1982

Amended

November 30, 2018