

BISHOP JAMES MAHONEY HIGH SCHOOL

Health & Sciences Academy Course Selection Card 2025-2026

Name:



GRADE 10 HSA GRADE 12 HSA Grade 12 Standing: Cumulative minimum **GRADE 11 HSA GRADE 9 HSA** Grade 10 Standing: Minimum 8 credits Grade 11 Standing: Cumulative minimum 16 credits 24 credits; 5 credits must be at 30 level **REQUIRED COURSES** REQUIRED COURSES **REQUIRED COURSES REQUIRED COURSES** ☐ Catholic Studies 20 or ☐ Catholic Studies 30 or □ Catholic Studies 90 ☐ Catholic Studies 10 □□ Catholic Studies 20 & □□ Catholic Studies 30 & Band 30 ■ English Language Arts A90 □ Financial Literacy 10 Band 20 (2 slots in schedule) (2 slots in schedule) ☐ English Language Arts B90 ☐ Science 10H ☐ English 20 or ☐ English 20 AP ☐ English 30A & ☐ English 30B ☐ Social Studies 90 ■ Math Foundations & ☐ English 30A AP & ☐ Eng. 30B AP ☐ MathA 90 Pre-Calculus 10 ☐History30 or ☐ Indigenous St.30 Social Sciences Information: ☐ MathB 90 (History, Indigenous Studies, Only one of: ☐ Science 90H One additional Social Science credit Psychology and Law) Requirements for grade 11s have changed. History 30 or Indigenous ☐ English A10 must be taken at the 20 or 30 level ■ Physical Education 90 ☐ English B10 Advanced-☐ History 20 or ☐ History 30 ☐ General Practical Arts 90 requires application Studies 30 is required at the 30 level. ☐ Indigenous Studies 20 or ☐ IST 30 (Construction & Carpentry, Food & Clothing) All other Social Sciences are electives. ☐ Psychology 20 or ☐ Psychology30 20 level classes are not required CHOOSE ONE ELECTIVE COURSE: ☐ Law 30 At least one of: before taking 30 level classes (e.g. ☐ History 10 Psychology 20 is not needed to take At least one of the following: ☐ Band 90 Psychology 30), Any Social Science ☐ Indigenous Studies 10 ☐ Anatomy & WellBeing 30H ☐ Arts Education 90 can be taken in grade 11. /Anatomy 100 (SK Poly Credit) (Visual Arts, Drama, Graphic Arts, Choose one of: ☐ Biology 30 or At least one of: ☐ Wellness 10 or □□ Biology 30H & Biology 120.3 Math Foundations 20 □□ Band 10 & Wellness 10 ☐ Chemistry 30 ☐ Choral 90: an 11th class offered Math Pre-calculus 20 ☐ Computer Science 30 (2 slots in schedule) during the noon hour ☐ Physics 30 **Both HSA Courses** Recommended to take in Gr.10 GRADE 9 - 12 PROGRAM SUPPORTS ☐ Physical Science 20H but not required **30 LEVEL ELECTIVE COURSES** ☐ Health Science 20H/ Medical ■ Math Foundations 20 Cabinet Making 30 **Learning Assistance Support** Terminology 180 (SK Poly Credit) Chemistry 30* LAT Tutorial Sem 1 (non-credit) Choral 30 LAT Tutorial Sem 2 (non-credit) 20-LEVEL ELECTIVE COURSES 10-LEVEL ELECTIVE COURSES Clothing Textiles 30 Baking & Food Prep 20 Computer Science 30* English as an Additional Language Support Band 20 Environmental Science & Dance 30 EAL Tutorial Sem 1 (non-credit) Cabinet Making 20 (IAR20) Toxicology 20H Drafting 30* EAL Tutorial Sem 2 (non-credit) Choral 20 Choral 10 Drama 30 Catholic Studies 10/20/30 Computer Science 20* Clothing Textiles 10 Entrepreneurship 30 ELA 10/20 Construction & Carpentry 20 Commerical Cooking 10 Financial Literacy 20 Creative Writing 20 Construction & Food Studies 30 **HSA ELECTIVE CONSIDERATIONS** Dance 20 Carpentry 10 Graphic Arts 30 AND RECOMMENDATIONS Drafting 20* Dance 10 *Courses designated with a star are Guitar 30 Drama 20 Drafting 10 recommended for students that may be History 30 Entrepreneurship 20 interested in pursuing a career in engineering or other STEM related careers Drama 10 Indigenous Studies 30 Graphic Arts 20 Football 10 Interior Design 30 that are not Health Sciences. Students Guitar 20 Guitar 10 should refer to programs of interest for which Law 30 Financial Literacy 20 Photography 10 courses that may be required for post-secondary programs (i.e., Physics 30). Math Foundations 30 History 20 Robotics 10 Math Pre-Calculus 30* Indigenous Studies 20 Visual Art 10 or Math Workplace & Apprent. 30 Psychology 20 and 30 are recommended for Journalism 20 Visual Art 10A HSA students as both courses contain Math 110 UofS / Calculus 30* Media Studies 20 Wildlife&Habitat Studies 10

Photography 20

Psychology 20*

Visual Art 20 or

Physical Education 20

Visual Art 20A

Wildlife and Habitat Studies 20

Math Pathways

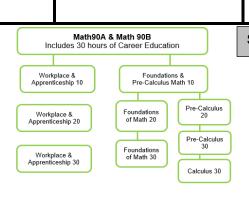
outcomes that pertain to mental health and

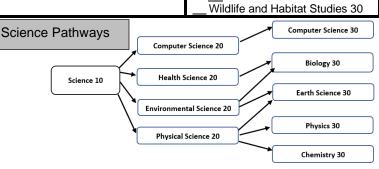
projects that involve either researching or

developing a psychological study.

wellness. Both courses also involve personal

HSA students are recommended to follow the Math Foundations and Pre-Calculus stream. One of Math Pre-Calculus 30 or Math Foundations 30 is required for the HSA.





Photography 30

Psychology 30*

Visual Art 30 or

Physics 30*

Physical Education 30

Visual Art 30AP

Studio Art 30AP(Advanced Placement)