



St. Luke School

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[Check us out on Facebook!](#)

Wednesday October 1, 2025

Wow! September is done already! We had a successful Terry Fox Run/Walk and \$502 was raised. Thank you for your support!

October is a busy month as well. We have another PLD on October 10th, so there will be no school for students and then October 13th is Thanksgiving Day. Students will have a four-day weekend!

Please note that our CSCC is having its first fundraiser of the year with Cowboy Caviar. Please check the CSCC section of the newsletter for more info. The funds raised go directly to our students, either as new technology, books, literacy aids and many other things. Your support is very appreciated!

With October also comes the planning for Halloween. The tentative plan is to have a costume parade as well as a dance in the afternoon. As parents organize costumes, I would ask that we keep gory and scary costumes out of the school – those can be saved for trick or treating! I would also ask that Halloween masks not be sent to school for safety reasons.

May every day be filled with God’s uncountable blessings, memorable moments, and happiness. Wishing you a blessed Thanksgiving!

Shelly Lord, Principal
St. Luke School

Dates to Note . . .

Wednesday, October 8 – Hot Lunch
Thursday, October 9 – Thanksgiving Liturgy (3M) around 12:30 pm

Friday, October 10 – PLD – **No school for students**

Monday, October 13 – Thanksgiving Day – holiday

Thursday, October 28 – Lockdown Drill (9:50 am)

Wednesday, October 29 – Living Rosary 9 am

School Times

- 8:35 a.m. - First bell**
- 8:40 a.m. - Start of school day**
- 10:10 a.m. - Recess**
- 11:40 a.m. - Lunch Recess Cohort B**
- 12:02 p.m. - Lunch Recess Cohort A**
- 12:25 p.m. - Start of afternoon classes**
- 1:55 p.m. - Recess**
- 3:10 p.m. - Dismissal**

Cohort A

Kindergarten to Gr 3

Cohort B

Gr 4 to Gr 8

Back to School Reminders...

Start of the Day

Students should not arrive at school before 8:25 a.m. unless they are attending the Before and After School Program. Information on the Before and After School Program is available by

phoning the YMCA at 306-652-7515. Thank you for your understanding and cooperation.

EDSBY ATTENDANCE

REPORTING SYSTEM

Please use Edsby to record your child's absences.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any time.

- We would ask parents to report their child's absence through Edsby ideally before 8:40 am.
- Students who do arrive late need to check in at the office to get an Admit Slip.
- If you receive a call from indicating your child is not at school, do not press "redial" to excuse your child's absence. Redial does not direct you to St. Luke School.

If your child is going to be away for multiple days, please do send a note to your child's teacher as well as entering it in Edsby.

Have You Ever Wondered What You Should Do When You Have a Concern About Your Child's Teacher or Classroom?

Differences of opinion between home and school do occur. Many parents and teachers are challenged by how best to move forward to ensure a positive outcome. We would like to share a few ways in which parents and teachers can build bridges when they have differences of opinion related to the student, behavior and/or work in the classroom.

We suggest that concerns be expressed ***first*** to the classroom teacher (in person, *if possible*, as opposed to an email or text). The teacher is generally the one who has the *big* picture. Some parents feel that going directly to the school administrators is the first step; however, the administrators often lack the background information that is necessary to add clarity to a concern. While Shelly and Curtis are ALWAYS open to supporting students along with parents and teachers, we recommend you begin with the teacher. Remember they are the ones who are with your child all day/every day. If you feel your concern is not understood or addressed by the classroom teacher, we will not hesitate to become involved.

It is important for both parties to remember that everyone is acting with the best of intentions for the child in question. However, in a classroom environment the teacher

must also consider the needs of many students. This is something that parents may not be aware of or can forget. In the same way, teachers realize there are sometimes issues at home that must be taken into consideration. What each can do, however, is listen carefully to see if they can learn something from the other to improve the situation.

We can say with certainty that each teacher at our school takes their role very seriously. Each teacher has an individual approach to teaching and works hard in creating a welcoming classroom environment that is conducive to learning. In addition, all teachers and administrators have strengths and weaknesses.

It is inevitable that there will be differences of opinion, but still there is often frustration when someone doesn't share our point of view. Both teachers and parents need to remind themselves that differences in values can be bridged only by respect for each other's values and a willingness to compromise. In addition, teachers and parents should make sure to check the facts with each other before jumping to any conclusions or assigning blame.

In addition, parents and teachers may have very different perceptions of a student, and both are usually correct. It is not surprising that students behave differently in different contexts. By sharing their perceptions, parents and teachers each develop a greater understanding of the student thus facilitating a focus on mutually helping the child.

For parents, it's important to meet with the teacher as soon as possible when any concerns develop, to share these concerns, and to listen carefully to the teacher's perspective so that they really understand what happens in his or her child's classroom. Also, it is important to take this opportunity to share information with the teacher so that they can better understand and meet the needs of your child.

In closing, we recognize that you may not always agree with what happens at school. However, through open, respectful conversations with your child's teacher we can work together, as a team, to best meet the needs of your child within the constructs of the classroom and school.

Healthy Hunger Hot Lunch Days

The St. Luke CSCC will be hosting fun lunch days throughout the year using the Healthy Hunger platform. Please review the instructions below to set up your student's account. All funds raised through our

Healthy Hunger Hot Lunch Days are put right back into your student's classroom to help sponsor field trips, purchase much needed classroom supplies and more. We thank all families in advance for your support of our lunch days, it is appreciated!

If your child is unexpectedly absent on a day that you have ordered lunch on, please contact your classroom teacher or the school no later than 11:00 am with instructions if it is to be set aside for you to pick up. Additionally, if your child is in Kindergarten, please note the days which they are attending school as not all lunches take place on Kindergarten days. Thank you for your attention to this matter.

Setting up your family's account is easy!

1. Go to healthyhunger.ca and click on "register your student" to sign up for your free account and add all the children in your family who attend St. Luke. Please ensure you select the correct classroom for each student as this information is used by our vendors to help sort and pack the orders.
2. You can now view all the lunch dates on the calendar, review the menus and pricing and place your orders. Orders close FIVE days before the scheduled lunch date.
3. All payments are made online.

October 8 - Santa Lucia Pizza

October 31 - Subway

November 14 - Bar Burrito

November 27 - Dairy Queen

December 19 - Boston Pizza

January 30 - Subway

February 13 - Santa Lucia Pizza

March 6 - TBA

March 27 - Boston Pizza

April 23 - Dairy Queen

May 13 - Subway (Tri-school Track Meet, lunch for those grades attending delivered to Gordie Howe)

St. Luke CSCC

Help support our 2026 graduating class by participating in the first Grade 8 fundraising event of the year - a virtual bottle drive! Support your favourite Grade 8 'Team' by entering one of the group codes when you use Sarcan's Drop & Go recycling service. Proceeds support the annual class camping trip at Camp Kadesh. Team codes can be found in the Edsby River of News.

We're also excited to share that this year's fall fundraiser is just around the corner.

Once again, we'll be partnering with Cowboy's Caviar to offer five delicious beef jerky flavors. Order forms will be sent home just before Thanksgiving and all orders are due back October 31st. Funds raised will go directly toward purchasing additional Chromebooks for our new classrooms this year- helping support our student's learning in a big way.

We'd also love for you to get involved! Our next CSCC meeting will be held on **Wednesday, October 8 at 6:30 pm** in the St. Luke library. If you can't make it in person but would still like to contribute or learn more, please reach out at cscclukc@gscs.ca.



SafeShip Nurses

Hello Parents & Guardians of St. Luke School!

Did you know that 1 in 2 Canadian households are impacted by a food allergy? With the reportedly high rates of allergies, it is important to be informed and prepared to protect each other and our children. In this memo, we hope to provide you a refresher on important allergy information. If your child has an allergy or any other life-threatening condition, please complete your child's annual medical alert documentation (physician signed) and submit them to the school. Contact Nicole Menzies (nmenzies@gscs.ca) if you have any questions.

What is an allergy?

Our immune systems work to target and destroy harmful substances like germs and bacteria. An allergy occurs when the body's immune system mistakenly identifies a food or substance as harmful, causing a reaction. Allergic reactions can range from mild (such as a rash or runny nose) to severe (such as an anaphylactic reaction). Some common allergens are peanuts, tree nuts, soy, sesame, milk, eggs, seafood and wheat. St. Luke School strives for a nut-free environment due to the high rates of nut allergies in our school community.

What is anaphylaxis?

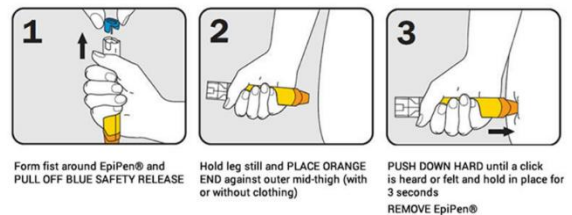
Anaphylaxis is a severe reaction that occurs following exposure to an allergen. These types of reactions have rapid onset and can lead to death if untreated. Anaphylaxis consists of reactions from *2 or more* of these body systems:

- **Skin:** hives, rash, swelling, itch, redness, warmth
- **Respiratory (breathing):** cough, wheeze, shortness of breath, chest pain/tightness, sneezing, trouble swallowing, hoarse voice, congestion, drooling, watery eyes
- **Gastrointestinal (stomach):** nausea, pain, cramps, vomiting, diarrhea, swelling on lips/face/tongue
- **Cardiovascular (heart):** weak pulse, dizzy, lightheaded, fainting, facial flushing

How to respond to anaphylaxis?

Immediately remove the allergen. EpiPens containing epinephrine are the first choice of treatment for anaphylaxis. Epinephrine is a

naturally occurring chemical in our bodies which helps us respond to stress by relaxing airway muscles, increasing heart rate, and increasing blood pressure. Remove the safety cap and administer the EpiPen into the outer-mid thigh. EpiPens can be administered through clothing, including jeans. Ensure 911 is called and the child receives a prompt assessment at a healthcare facility, as additional doses or treatment may be needed.



Holy Spirit Parish News....

SUNDAY MASS SCHEDULE

Saturday 5:00 pm

Sunday 10:00 am, 12:00 noon, 7:00 pm

Fr. Joseph Salihu, Pastor

www.holyspiritsaskatoon.ca



Thanksgiving is a time of gratitude to God, our Creator and Provider, whose guidance and care go before us and whose love is with us forever.

Thanksgiving is a time to reflect on the changes, to remember that we, too, grow and change from one season of life to another.

Let us remember the true meaning of Thanksgiving.
As we see the beauty of Autumn, let us acknowledge the many blessings which are ours.
Let us think of our families and friends and let us give thanks in our hearts.