



ÉCOLE St. Luke SCHOOL

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www.gscs.sk.ca/luk

Office Coordinator: Ms. L. Kammermayer

Vice Principal: Mr. C. Pek

Principal: Ms. S. Lord

Trustee Liaisons: R. Boechler, M. Christopher

[Check us out on Facebook!](#)

Tuesday, March 4, 2025

Wow! How is it March already? March is assessment month, with 3-Way Conferences, Progress Reports and Reading assessments for Gr 1-3. We are looking forward to celebrating the good learning our students are doing!

A big thank you to the CSCC and parents who made us feel very appreciated during School Staff Appreciation Week. Also, a huge thank you to the CSCC and families for an amazing Bingo Night on a chilly Wednesday evening. The number of families who attended far surpassed our expectations. We are very thankful for the generosity of families for the bingo prize donations. A great time was had by all.

Tomorrow is Ash Wednesday, and we will commemorate the beginning of the Lenten season with a Liturgy. Every week we will be coming together for Liturgy until Easter. Different classes are taking the lead each week.

The Gospel virtue and Grandfather teaching for the month of March are Faith and Prayerfulness. Our affirmation for each day in March is: "I trust that God is always with me, even when I can't see Him. I believe that God's loving kindness will guide me in ways to goodness in everything I do. I am a person with faith."

Shelly Lord, Principal

Dates to Note . . .

March 5 – Ash Wednesday

March 6 – Hot Lunch

March 10 – PLD – **no school for students**

March 13 - Carnival

March 20/21 – Three Way Conferences

March 20 – Hot Lunch

March 28 – Progress Reports published in Edsby.

Come learn and grow with us!

Children who will be 5 years old on or before December 31, 2025 (birthday December 31, 2020) can register for kindergarten by contacting the school or visiting www.gscs.ca/kindergarten.

If you have questions or need more information, contact us at 306-659-7370 or st.luke@gscs.ca.

Start of the Day

Students should not arrive at school before 8:25 a.m. unless they are attending the Before and After School Program. Information on the Before and After School Program is available by phoning the YMCA at 306-652-7515. Thank you for your understanding and cooperation.

EDSBY ATTENDANCE REPORTING SYSTEM

Please use Edsby to report your child's absences.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any time.

- We would ask parents to report their child's absence through Edsby ideally before 8:40 am.
- Students who do arrive late need to check in at the office to get an Admit Slip.
- If you receive a call from indicating your child is not at school, do not press "redial" to excuse your child's absence. Redial does not direct you to St. Luke School.

If your child is going to be away for multiple days, please do send a note to your child's teacher as well as entering it in Edsby.

Healthy Hunger Hot Lunch Days

March 6 – Boston Pizza

March 20 – Subway

April 3 – Dairy Queen

May 14 – Subway (Grades 4-8 delivered to Tri-School Track Meet)

May 23 – Edo Japan

St. Luke CSCC....

A huge thank you to all our families for your incredible support of our recent Bingo fundraiser—it was a great success! Your generosity helps support school initiatives, and we truly appreciate it.

We also invite all parents to join us for our monthly CSCC meeting **tonight at 6:30 PM in the library**. It's a great opportunity to stay involved and share your ideas!

Looking ahead, we're excited for our **annual Easter Basket Raffle!** Each classroom will be contributing items, and raffle tickets will be available for purchase during **Three-Way Conferences**. Stay tuned for more details!

For questions or to get involved, email us at cscclukc@gscs.ca.

Thanks for your continued support!

SafeShip Nursing Program

Hello from the SafeShip nursing team! In the past couple of weeks, we have been teaching the students about healthy snacks, nutrition related to sports and sleep, handwashing, stress and mental health, and basic first aid. We also participated in Pink Shirt Day and Black Futures Month,

focusing on being a kind and inclusive community where everyone belongs! Looking ahead into March, we will continue to teach on various topics that fit in with the students' health classes. Our main focus will be on brain and mental health this month. We are very excited to hold another health fair on March 31 and April 1!

Brain health tip:

March is brain health awareness month. It is so important to take care of your brain and your family's brains. This includes both mental and physical health.

Here are some tips to promote mental health this month!

- As spring is on its way, spending time outside is a great way to reduce stress and boost your mood.
- Being active (e.g. walking, running, swimming, biking) is another great way to become more emotionally balanced.
- Getting enough sleep (7-9 hours) each day helps your brain to recover and improve your overall well-being.
- Staying connected to others helps you to stay connected with yourself. Social connections and spending time with loved ones helps to reduce isolation and boost your mood.
- Creative activities like reading, writing, playing music, and being artistic are a great way to keep your brain active and healthy.

Holy Spirit Parish News....

SUNDAY MASS SCHEDULE

Saturday 5:00 pm

Sunday 10:00 am, 12:00 noon, 7:00 pm

Fr. Joseph Salihi, Pastor

www.holyspiritsaskatoon.ca

