

ÉCOLE St. Luke SCHOOL

Phone: 306- 659-7370 Fax:306-659-2116 www.gscs.sk.ca/luk Office Coordinator: Ms. L. Kammermayer Vice Principal: Mr. C. Pek Principal: Ms. S. Lord

Trustee Liaisons: R. Boechler, M. Christopher

Check us out on Facebook!

Tuesday, March 18, 2025

Happy belated St. Patrick's Day! It was fun seeing all the green yesterday amidst the white of the snow. Hopefully by the end of this week, spring will come in full force! This can be a very wet time of year, so we encourage families to send spare clothing, especially socks. Rubber boots will be a must and splash pants really help protect the students from getting too wet as well.

We are looking forward to seeing everyone at the Three-Way Conferences on Thursday night and Friday morning. The CSCC will also have the Easter Baskets on display with a chance to start purchasing raffle tickets. There will be time in April to purchase tickets at lunch as well, with the draw taking place on April 17th.

Please remember there is no school for students on Friday, March 21st due to the conferences.

Next week, teachers will finish up the progress reports, which will be published on Edsby after school on Friday, March 28th. We are truly grateful for the ongoing support and collaboration of our wonderful school community. Together, we continue to create a positive and nurturing environment where our students can thrive both academically and personally.

Shelly Lord, Principal

Dates to Note . . .

March 19 – Lent Liturgy – 6 Holcomb 1:10 pm

March 20/21 – Three Way Conferences – no school for students on Friday

March 20 – Hot Lunch

March 27 – Lent Liturgy 5/6 Pek 1:25 pm March 28 – Progress Reports published in Edsby.

March 31/April 1 – First Aid Fair April 2 – CSCC meeting at 6:30 pm April 4 – Lent Liturgy – 5/6 Weinheimer 10:30 am

April 17 – Holy Thursday - last day of school before the Easter break.

Come learn and grow with us!

Children who will be 5 years old on or before December 31, 2025 (birthday December 31, 2020) can register for kindergarten by contacting the school or visiting www.gscs.ca/kindergarten.

If you have questions or need more information, contact us at 306-659-7370 or st.luke@gscs.ca.

Start of the Day

Students should not arrive at school before 8:25 a.m. unless they are attending the Before and After School Program. Information on the Before and After School Program is available by phoning the YMCA at 306-652-7515. Thank you for your understanding and cooperation.

EDSBY ATTENDANCE REPORTING SYSTEM

Please use Edsby to report your child's absences.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any time.

 We would ask parents to report their child's absence through Edsby ideally <u>before 8:40 am.</u>

- Students who do arrive late need to check in at the office to get an Admit Slip.
- If you receive a call from indicating your child is not at school, do not press "redial" to excuse your child's absence. Redial does not direct you to St. Luke School.

If your child is going to be away for multiple days, please do send a note to your child's teacher as well as entering it in Edsby.

Healthy Hunger Hot Lunch Days

March 20 – Subway April 3 – Dairy Queen May 14 – Subway (Grades 4-8 delivered to Tri-School Track Meet) May 23 – Edo Japan

- **St. Luke CSCC....**Thank you to everyone who joined us for this month's CSCC meeting! Here are the key updates and highlights:
- **Bingo Night Success!** A huge thank you to our school community for making Bingo Night such a success! We had an incredible turnout and raised significant funds to support our school.
- ✓ Easter Basket Raffle Our next fundraiser is underway! Ticket sales begin on March 20th, with the draw taking place on April 17th. Follow Edsby for more details on how to participate.
- **Charitable Giving** The council is reviewing ideas for our spring charitable contribution. Thank you to everyone who submitted suggestions!
- Financial Review Our financials remain in good standing, and we are on track to meet or even exceed our fundraising goals for the year.
- ** Special Guest GSCS Trustee We were pleased to welcome a GSCS Trustee, Michelle Christopher, to our meeting. She was engaged, supportive, and open to feedback from our school community.
- Student Achievements We are incredibly proud of our students' accomplishments this past month in track and field, oratory, Black History Month activities, outdoor gym, and welcoming several prestigious guests. Their

dedication and hard work continue to shine with the support of great teachers and staff!

Ongoing Parent Communication – We will continue sharing monthly school highlights to keep parents informed and engaged in our school community.

Next Meeting – Join us for our next CSCC meeting on Wednesday, April 2nd at 6:30 pm in the school Library—everyone is welcome!

Thank you for your continued support in making our school a vibrant and thriving community. If you have any questions or ideas, feel free to reach out! cscclukc@gscs.ca

SafeShip Nursing Program

Hello from the SafeShip nursing team! In the past couple of weeks, we have been teaching the students about healthy snacks, nutrition related to sports and sleep, handwashing, stress and mental health, and basic first aid. We also participated in Pink Shirt Day and Black Futures Month, focusing on being a kind and inclusive community where everyone belongs! Looking ahead into March, we will continue to teach on various topics that fit in with the students' health classes. Our main focus will be on brain and mental health this month. We are very excited to hold another health fair on March 31 and April 1! Brain health tip:

March is brain health awareness month. It is so important to take care of your brain and your family's brains. This includes both mental and physical health.

Here are some tips to promote mental health this month!

- As spring is on its way, spending time outside is a great way to reduce stress and boost your mood.
- Being active (e.g. walking, running, swimming, biking) is another great way to become more emotionally balanced.
- Getting enough sleep (7-9 hours) each day helps your brain to recover and improve your overall well-being.
- Staying connected to others helps you to stay connected with yourself.
 Social connections and spending time with loved ones helps to reduce isolation and boost your mood.
- Creative activities like reading, writing, playing music, and being

artistic are a great way to keep your brain active and healthy.

Holy Spirit Parish News....

SUNDAY MASS SCHEDULE

Saturday 5:00 pm

Sunday 10:00 am, 12:00 noon, 7:00 pm

Fr. Joseph Salihu, Pastor

www.holyspiritsaskatoon.ca

