

Asthma Support Care Plan

Student Name:

Date:

Current School Year:

Parent/Guardian:

Parent Home Phone:

Parent/Guardian:

Parent Home Phone:

Other Emergency Contact:

Asthma

- ☐ Student is able to manage asthma independently
☐ Student requires adult supervision to manage asthma

Symptoms

Observable symptoms possible emergency, side effect of medication:

- | | |
|---|--|
| <input type="checkbox"/> Rescue inhaler is only working for less than 3 hours | <input type="checkbox"/> Consistent coughing or wheezing |
| <input type="checkbox"/> Difficulty speaking | <input type="checkbox"/> Chest tightness |
| <input type="checkbox"/> Hard time breathing after a rest | <input type="checkbox"/> Increased mucus production |
| <input type="checkbox"/> Lips/nails turn blue | |

Triggers

- | | |
|---|--|
| <input type="checkbox"/> Seasonal | <input type="checkbox"/> Cleaning products |
| <input type="checkbox"/> Smoke | <input type="checkbox"/> Perfumes/essential oils, etc. |
| <input type="checkbox"/> Dust | <input type="checkbox"/> Viral Infections |
| <input type="checkbox"/> Pets & Animals | <input type="checkbox"/> Molds |
| <input type="checkbox"/> Allergies (please list): _____ | |

Action

1. Call emergency contacts listed on top of form.
2. Remain with student to ensure symptoms subside.
3. Ask student to sit and calm.
4. Take rescue inhaler. Location of puffer: _____
5. Give medication if ordered by a parent or healthcare provider. Name of medication: _____ Dosage: _____

Additional Information:

Critical Response Plan

1. Call 911 and parent/guardian.
2. If student stops breathing, administer CPR.

Authorization

Parent/Guardian Name (please print):

Physician Name (please print):

Parent/Guardian Signature:

Physician Signature:

Relationship to child:

Physician Clinic Name and Address:

Date:

Date:

Designated and trained staff: